Benefit Booklet Effective 7/1/2015

Community Care

Employer's Choice



Tulsa FOP 93 Health & Welfare Trust Value Select



Welcome!

Thank you for choosing CommunityCare as your health insurance Third Party Administrator (TPA)! We are pleased to be your partner in health care. Our goal is to provide you with the highest level of service possible. We are also committed to offering you providers in our networks who deliver high quality care and services.

Questions?

- ➤ Call our **Member Services** department at (918) 594-5201 or (800) 777-4890
- ➤ Visit our Web site at **fop.ccok.com** for the following resources:
 - Provider, facility & pharmacy searches
 - Formulary drug search
 - Benefit materials
 - View EOBs and access claims history
 - Print temporary member ID cards
 - Popular forms & resources
 - Mail order prescription drug program
 - Wellness resources and more

For More Information:

For more information regarding other value added services and benefits, please contact Rooney Insurance Agency at fop93@rooneyinsurance.com or call Jo McDaniel at 918-878-3425 or Sydney Jones at 918-878-3373.





Value Select Plan (with Biometrics)

er Individual	\$1,500
Per Family	\$3,000
of-pocket Limit Per Calendar Year (does not include deductible)	
of-pocket Limit Per Calendar Year (does not include deductible) Per Individual	\$2,500

Physician Services			
(Additional Co-insurance/Co-payments may apply)			
Primary Care Office Visits	\$35 Co-payment per Visit		
Specialty Care Office Visits	\$45 Co-payment per Visit		
Maternity Care	\$35 Co-payment		
(Co-payment for initial maternity care visit only)			
Preventive Care No Co-payment			
(Please see Member Handbook for details)			

Emergency Care and Urgent Care

(Additional Co-insurance/Co-payments may apply) (Benefits will be denied if not medically necessary)

Hospital Emergency Room 20% Co-insurance*

Urgent Care Facility \$50 Co-payment per Visit

^{*}After deductible, the Co-insurance/Co-payment will apply.

[^] See prescription drug benefit plan for additional information.

patient Hospital Care	
Room and Board	20% Co-insurance*
	2070 CO Insurance
(Including all other medically necessary services)	
ental Health, Alcohol and Drug Services	
Inpatient	20% Co-insurance*
Outpatient	\$35 Co-payment per Visit
tpatient Surgery	
Primary Care Office Visits	\$35 Co-payment per Visit
Specialty Care Office Visits	\$45 Co-payment per Visit
Outpatient Surgical Facility	20% Co-insurance*
tpatient Diagnostic Services	
ditional Co-insurances/Co-payments may apply, regardless of where outpatient services are rendered)	
Laboratory	No Additional Co-payment
Outpatient Radiology	No Additional Co-payment
MRI, CT Scan and PET Scan	20% Co-insurance*
ehabilitation Therapy	
o to 60 treatment visits per Benefit Type)	
Inpatient Rehabilitation	20% Co-insurance*
Outpatient Physical, Occupational and Speech Therapy	\$45 Co-payment per Visit
her Covered Services	
antity limits may apply)	
Allergy Serum / Injections	Subject to the PCP or Specialist Co-payment
Allergy Testing & Treatment	If an office visit is charged, subject to the PCP or Specialist office visit Co-payment
Allergy Testing & Treatment not in a Physician's Office	20% Co-insurance*
Ambulance - Emergency Only	20% Co-insurance*
r deductible, the Co-insurance/Co-payment will apply.	

^{*}After deductible, the Co-insurance/Co-payment will appl

 $^{{}^{\}wedge}\operatorname{See}$ prescription drug benefit plan for additional information.

Chiropractic Care (limited to 60 visits per calendar year)	\$45 Co-payment per Visit
Diabetic Supplies	20% Co-insurance*
Durable Medical Equipment	20% Co-insurance*
Fertility Evaluation	20% Co-insurance*
General Anesthesia (for eligible dental procedures only)	20% Co-insurance*
Hearing Aids (Children under the age of 19)	20% Co-insurance*
Home Health Services	20% Co-insurance*
Hospice Care	20% Co-insurance*
Immunosuppressives, Injectables (except immunizations) and Drugs administered in the physician's office	20% Co-insurance*
Infusion (Must be medically necessary and may be subject to prior authorization)	
Administered in a physician's office	\$45 Co-payment per Visit
(except for specialty drugs within this category - see Specialty Drugs below)	
Administered in an outpatient facility	20% Co-insurance*
Administered in a home setting	20% Co-insurance*
(except for specialty drugs within this category - see Specialty Drugs below)	
Organ Transplants (Must be medically necessary	20% Co-insurance*
and may be subject to prior authorization)	
Orthotics and Prosthetics	20% Co-insurance*
Ostomy and Urologic Supplies	20% Co-insurance*
Prescription Drug Benefit	See Outpatient Prescription Drug Benefit^
Radiation Therapy	20% Co-insurance*
Skilled Nursing Facility Care	20% Co-insurance*
(Up to 60 treatment days per disability per calendar year)	
Specialty Drugs	Specialty Prescription Co-Payment^
(must be medically necessary and may be subject to prior authorization)	
All Other Covered Services	20% Co-insurance*

^{*}After deductible, the Co-insurance/Co-payment will apply.

 $^{^{\}wedge}\, See$ prescription drug benefit plan for additional information.

Comments

- Deductible must be satisfied before Co-insurance begins, where it applies.
- Co-payments do not apply toward the deductible.
- · Prescription drugs and non-covered items do not apply toward the medical calendar year deductible.
- Expenses incurred during the last three months of the calendar year and applied to the current year's deductible may be used to help meet the deductible requirement of the next year.
- Any number of members of the family may combine to meet two times the individual medical deductible to satisfy the family medical deductible requirement.
- All covered medical out-of-pocket expenses are applied toward your medical out-of-pocket limit. Your total out-of-pocket limit equals your medical out-of-pocket amount plus your deductible. Please note: Your prescription drug out-of-pocket expenses will accrue toward a separate prescription drug out-of-pocket limit.
- A calendar year is defined as the time period from January 1- December 31.

Urgent and Emergency Care

It is important that you follow-up with your PCP within 48 hours of any Urgent or Emergent Care Services. This will allow your PCP to direct or coordinate all of your follow-up care. Follow-up care that is not arranged by your PCP may not be covered. Your PCP is available 24 hours a day, seven days a week.

For a list of Exclusions and Limitations, please see Member Handbook.

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^{*}After deductible, the Co-insurance/Co-payment will apply.

[^] See prescription drug benefit plan for additional information

NOTES





Value Select Plan (without Biometrics)

Calendar Year Deductible	
Per Individual	\$1,750
Per Family	\$3,500
Out-of-pocket Limit Per Calendar Year (does not include deductible)	
Per Individual	\$2,500
Per Family	\$5,000
Physician Services	

Primary	Care	Office	Visits	

\$35 Co-payment per Visit

Specialty Care Office Visits

\$45 Co-payment per Visit

Specialty Care Office Visits

\$35 Co-payment

(Co-payment for initial maternity care visit only)

(Additional Co-insurance/Co-payments may apply)

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Preventive Care

Maternity Care

No Co-payment

(Please see Member Handbook for details)

Emergency Care and Urgent Care

(Additional Co-insurance/Co-payments may apply) (Benefits will be denied if not medically necessary)

Hospital Emergency Room

20% Co-insurance*

Urgent Care Facility

\$50 Co-payment per Visit

^{*} After deductible, the Co-insurance/Co-payment will apply.

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Room and Board	20% Co-insurance*
(Including all other medically necessary services)	
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Outpatient	\$35 Co-payment per Visit
Outpatient Surgery	
Primary Care Office Visits	\$35 Co-payment per Visit
Specialty Care Office Visits	\$45 Co-payment per Visit
Outpatient Surgical Facility	20% Co-insurance*
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Laboratory	No Additional Co-payment
Outpatient Radiology	No Additional Co-payment
MRI, CT Scan and PET Scan	20% Co-insurance*
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Inpatient Rehabilitation	20% Co-insurance*
Outpatient Physical, Occupational and Speech Therapy	\$45 Co-payment per Visit
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Home Health Services	20% Co-insurance*
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(except for specialty drugs within this category - see Specialty Drugs below)	
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(Up to 60 treatment days per disability per calendar year)	
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(must be medically necessary and may be subject to prior authorization)	
All Other Covered Services	20% Co-insurance*

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 $^{^{\}wedge}$ See prescription drug benefit plan for additional information.

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- · Prescription drugs and non-covered items do not apply toward the medical calendar year deductible.
- Expenses incurred during the last three months of the calendar year and applied to the current year's deductible may be used to help meet the deductible requirement of the next year.
- Any number of members of the family may combine to meet two times the individual medical deductible to satisfy the family medical deductible requirement.
- All covered medical out-of-pocket expenses are applied toward your medical out-of-pocket limit. Your total out-of-pocket limit equals your medical out-of-pocket amount plus your deductible. Please note:
 Your prescription drug out-of-pocket expenses will accrue toward a separate prescription drug out-of-pocket limit.
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^{*} After deductible, the Co-insurance/Co-payment will apply

[^] See prescription drug benefit plan for additional information

MEMBER CONNECTION

We are pleased to offer you access to Member Connection, the online member portal on the CommunityCare website! Member Connection is a helpful, friendly tool for CommunityCare members.

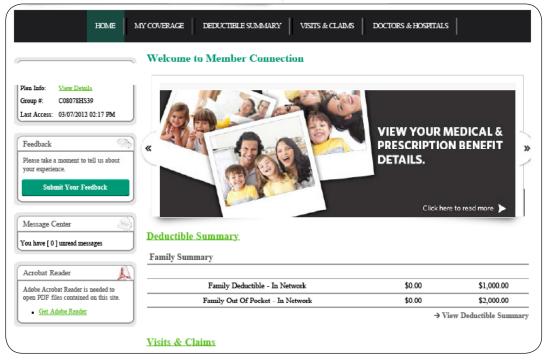
So how do you begin?

Go to fop.ccok.com and click on the CareWeb Member Connection icon located on the right side of the page. You will be directed to enter your information and follow a five-step registration process. You will need your CommunityCare member ID card available before you begin.

Some of the features within Member Connection include:

- Access visits and claims history
- View your EOBs online
- Print temporary ID cards
- Order replacement ID cards
- Search your provider directory
- Search your formulary list
- View your deductible and out-of-pocket summary





Questions You May Have About

Community Care

How do I choose a Primary Care Physician (PCP)?

If you enroll in the Value Select plan or Standard plan, you will need to choose a PCP. Your PCP will manage and coordinate your health care needs. You may choose a different PCP/ network for each covered family member. Your health care will be arranged within the network you choose, which includes your PCP, specialists, obstetrician/gynecologist, hospital and mental health providers. PCPs are listed in the printed provider directory or online at fop.ccok.com.

You may change your PCP selection throughout the year. Please call our Member Services department for information regarding PCP changes.

What about specialists?

Contracted specialists are listed separately in the provider directory. CommunityCare members may set up an appointment with most physicians in their network **without a referral** by their PCP.

What about emergency care?

If an emergency threatens life or limb, go immediately to the nearest emergency room. If you receive out-of-network emergency care services, you may wish to contact your PCP to coordinate your care.

What about urgent care?

You might need urgent care if your illness or injury is severe enough to need treatment within 24 hours. If you receive out-of-network urgent care services, you may wish to contact your PCP to coordinate your care.

What about preventive care?

Preventive care services, including an annual physical, an annual well woman exam and an annual vision screening, are covered benefits. The 24-hour nurse and health information line is also available and is free to every member.

What if I have questions?

If you have further questions or need help selecting a doctor, call CommunityCare Member Services at (918) 594-5201 in Tulsa or (800) 777-4890 statewide, or visit fop.ccok.com.



This information is a summary and for general information only.

In Network Preventive Health Care Coverage

CommunityCare's standards for preventive care are those adopted by most international health care groups and are designed to ensure that all of our members receive the preventive care that can make a difference in their health.

SCREENINGS*

» Cancer Screening:

- ♦ Pap Smear
- ♦ Mammography
- ♦ Colorectal Cancer
- Prostate Cancer Screening

» Periodic Adult Exams:

- ♦ Blood Pressure, Height and Weight
- ♦ Cholesterol/Lipids
- ♦ TB Skin Tests
- ♦ Chlamydia screening
- ♦ Gonorrhea screening
- Herpes testing
- ♦ Cardiovascular screening
- ♦ Abdominal aortic aneurysm screening
- ♦ Diabetes screening
- ♦ Glaucoma screening
- ♦ HIV screening
- ♦ Lead screening
- Iron deficiency screening
- ♦ Lipid disorder screening

» Well Baby/Well Child Exams

- ♦ Lead screening: Once per lifetime
- Vision and hearing screenings
- ♦ Depression screening (ages 12-18)
- ♦ Congenital hypothyroidism screening
- ♦ Hearing loss, universal screening in newborns
- Iron deficiency screening

» Routine Immunizations for Children:

- ♦ Diphtheria, Tetanus, Pertussis (DPT)
- ♦ Tetanus, Diphtheria, Pertussis booster (Tdap)
- ♦ H. influenza type b (HIB)
- Polio
- Rotavirus
- Measles, Mumps, Rubella (MMR)
- Meningitis (Meningococcal through age 19)
- ♦ Varicella (Chickenpox)
- ♦ Hepatitis A
- ♦ Hepatitis B
- ♦ HPV (Gardasil)
- ♦ Pneumococcal (Prevnar)
- ♦ Influenza Injection and Flu Mist

» Respiratory Syncytial Virus (RSV):

Services must be authorized and directed by the Primary Care Physician, Neonatologist or Pediatrician

» Routine Immunizations for Adults:

- ♦ Tetanus, Diphtheria boosters (TD)
- ♦ Tetanus, Diphtheria, Pertussis booster (Tdap)
- ♦ Rubella
- ♦ Hepatitis A
- ♦ Hepatitis B
- Pneumococcal
- ♦ Influenza
- A. Ages 60 years and older
 - ♦ Zostavax
- B. Ages 65 years and older
 - Pneumococcal vaccine

» Women's Preventive Health Services:

♦ As required by the Patient Protection and Affordable Care Act

Notes: Each service may only be covered for certain age groups or based on risk factors. For specific details on recommendations, please consult your member handbook. Members do not have coverage for preventive care out of network.

^{*} Physician Note: Please discuss with your physician which screenings are appropriate for your particular situation and risk factors.



Special Benefits for CommunityCare Members

24-Hour Nurseline

- A free, 24-hour nurse staffed information line is available for CommunityCare members
- You may speak to a registered nurse who can recommend a proper course of treatment for medical conditions or problems
- Features an audio health library with more than 400 topics
- Call the 24-hour nurse line at (800) 777-4890

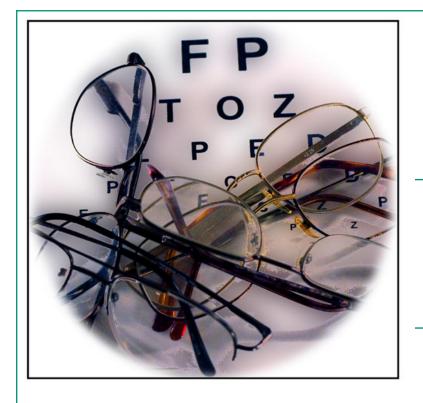
CommunityCare Website - fop.ccok.com

- Access your CommunityCare benefit materials
- View EOBs and access visit and claims history
- Searchable provider and pharmacy directories
- Searchable prescription drug formulary
- Order replacement member ID cards
- Access health and wellness information

Member Reassurance Program

- Identifies members who have had a serious, traumatic event resulting in long-term, reoccurring care and/or hospital stay
- Designed to reassure members that CommunityCare is monitoring their claims for prompt payment
- A dedicated Member Reassurance Coordinator contacts the members and monitors claims

Questions? Call Member Services at (918) 594-5201 or (800) 777-4890.



Vision Benefit for CommunityCare Members

As a CommunityCare member, **vision** is one of the services covered under your preventive care benefit... at no copay for in-network services!



Find out more about your vision benefit:

- Annual vision screening, glaucoma screening and refraction for glasses from an in-network vision provider
- Contracted vision providers offer a 10-15 percent discount for eyeglasses and contacts purchased at the vision provider's office
- You do not need to contact CommunityCare or your primary care physician before scheduling your annual vision appointment
- Search for vision providers at fop.ccok.com

Questions about your vision benefit? Call Member Services at (918) 594-5201 or (800) 777-4890.



Outpatient Prescription Drug Benefit

Pharmacy Only Calendar Year Out-of-Pocket Max \$2,000 Per Individual \$4,000 Per Family Per Calendar Year

BENEFIT CO-PAYMENTS

Some preferred generic drugs have a \$0 Co-payment.

Please note that Quantity Limits or Prior Authorization may apply. Refer to your prescription drug formulary guide for additional information. If the cost of the prescription is less than the applicable Co-payment, you will only be charged the cost of the prescription.

RETAIL PHARMACY

Up to a 30-day supply for each prescription. A select list of prescription drugs may be eligible for up to a 60-day supply through the tablet-splitting program. (Refer to your prescription drug formulary guide.)

Tier 1 - Preferred Generic Drugs\$10Tier 2 - Preferred Brand Drugs\$20Tier 3 - Non-Preferred Brand or Generic Drugs\$50

20% Co-insurance - Diabetic, Ostomy, and Urologic Supplies

MAIL ORDER PHARMACY

Up to a 90-day supply for each prescription. Certain prescriptions, including specialty pharmacy drugs, are not eligible for mail order Co-payments. Refer to your prescription drug formulary guide for additional information.

Tier 1 - Preferred Generic Drugs\$10Tier 2 - Preferred Brand Drugs\$20Tier 3 - Non-Preferred Brand or Generic Drugs\$50

20% Co-insurance - Diabetic, Ostomy, and Urologic Supplies

SPECIALTY PHARMACY

Up to a 30-day supply for each prescription. Refer to your formulary guide for a list of medications covered under the Specialty Pharmacy Program. Specialty Pharmacy Drugs can be obtained from a contracted Specialty Pharmacy Provider.

Tier 4 - Specialty Pharmacy Drugs

Lesser of \$200 or 20% per script

COVERED DRUGS AND DEVICES

- Compound Drugs at least one ingredient must be a legend drug
- Contraceptive implants, IUDs, diaphragms, contraceptive devices, contraceptive kits, emergency contraception, oral/injectable/patch contraceptives
- Drugs used for chemical dependency/alcohol treatment
- Immunizations (no Co-payment, Deductible or Co-insurance applies to childhood immunizations from birth-age 21)
- Immunosuppressive Drugs
- Injectible/Infused Drugs, including insulin, epinephrine and glucagons
- Legend Drugs drugs that require a prescription under federal/state law
- · Smoking Cessation Drugs

EXCLUDED DRUGS AND DEVICES +

- Anti-fungal Drugs used for nail fungus
- Diabetic supplies other than Bayer or Roche products
- Convenience or unit dose packaging
- Drugs and their equivalents that may be purchased without a prescription; for example, over-the-counter medications are not covered
- Drugs that are not listed on CommunityCare's prescription drug formulary; non-formulary drugs
- · Drugs used for cosmetic purposes or hair growth
- · Drugs used for weight management, including anorexiants and body building drugs
- Feiba
- · Fertility Drugs
- · Human Growth Hormones and other drugs used to stimulate growth
- Investigational/Experimental Drugs or used for non-FDA approved indications, including new drug therapies that have not been added to CommunityCare's prescription drug formulary
- · Lost, damaged or stolen prescriptions
- NovoSeven
- Oral Antihistamines and Antihistamine/Decongestant Combinations
- Prescriptions reimbursable under Workers' Compensation or any other government program, or with respect to which the member has no obligation to pay in the absence of insurance

Please consult your pharmacy directory for a list of participating pharmacies in Oklahoma. To find a participating pharmacy outside the state of Oklahoma, please call (877) 293-8628 or visit www.mycatamaranrx.com. For all other questions, please call CommunityCare at (877) 293-8628.



Understanding Your Community Care Pharmacy Benefits

➤ Your prescription drug benefit

- A prescription drug program with a range of choices while continuing to help control costs
- Program is set up to help you get the appropriate prescription for any medical condition that's covered under your plan

➤ What is a formulary?

- A formulary is a list of preferred drugs
- The formulary meets our standards for safety, effectiveness and affordability
- Formulary is extensive and includes more than 1,500 generic and brand name drugs

>Who reviews drugs for the formulary?

- •Formulary drugs are constantly monitored and reviewed by our Pharmacy and Therapeutics Committee
- Pharmacy and Therapeutics Committee is made up of physicians, pharmacists and other health care professionals

Need a copy of the formulary?

- •Receive a copy of CommunityCare's formulary by calling CommunityCare's Pharmacy Help Desk at (877) 293-8628
- You may also access the formulary by visiting fop.ccok.com

▶Understanding brand and generic drugs

- •In most cases, you can choose a generic equivalent of a brand name drug
- The term "generic" does not mean it's less effective or poor quality
- The chemical makeup of generic drugs is identical to their brand name equivalents
- •Both generic and brand name drugs must meet the same strict Food and Drug Administration standards

- •Generic drugs generally cost less because the price does not reflect development and advertising costs
- •CommunityCare encourages the use of generic drugs as a safe, effective way to help control health care costs
- •To receive the greatest value from your plan, always ask your doctor or pharmacist for a generic when you receive a prescription
- Check for generic availability because if you or your doctor request a brand name drug when its generic equivalent is available, you will pay an additional cost

A pharmacy program that emphasizes quality, choice and value

- Your pharmacy benefit identifies four categories or types of prescription drugs
- Each category has a corresponding copayment level
- Refer to your prescription drug plan for descriptions of the four categories
- Copayment amounts for these categories vary by plan
- Copayment amounts are indicated on your ID card
- •These benefits only apply if you use a participating CommunityCare network pharmacy
- You can verify if your pharmacy participates in the CommunityCare pharmacy network by calling the Pharmacy Help Desk at (877) 293-8628 or by referring to your pharmacy directory
- A searchable pharmacy directory is also available at @3 ||2®|2°

CommunityCare's \$0 Copay Program Commercial Plans

For Select Formulary Generic Drugs

CommunityCare continually searches for ways to help members save money on prescription drugs while improving health outcomes. CommunityCare has a voluntary program developed to lower out-of-pocket costs for certain prescription drugs and promote compliance with prescribed drug therapy. Essentially, this program reduces the copayment for **select formulary generic drugs** to \$0! Prescriptions filled at a participating pharmacy (retail or mail order) for any of the generic drugs listed below will be filled for a \$0 copay!

\$0 Copay Generic Drug List

Please note: Only the select generic drugs listed in the first column qualify for a \$0 copay.

Select Generic	Brand Name Drugs		
Drugs	Equivalent Brand Note: To take one of the \$0 copay select generic drugs instead of one of the equivalent brand name drugs below, simply request the change at the pharmacy (a new prescription is not needed).	Other Brands Note: To take one of the \$0 copay select generic drugs instead of one of the brand name drugs below, you will need a doctor's prescription for the select generic drug.	
Antidepressants			
Fluoxetine Paroxetine Sertraline Citalopram	Prozac Paxil Zoloft Celexa	Lexapro (escitalopram), Paxil CR(paroxetine ER)	
Bupropion, Bupropion SR Mirtazepine	Wellbutrin, Wellbutrin SR Remeron	Wellbutrin XL (budeprion XL), Effexor (venlafaxine), Effexor XR (venlafaxine ER)	
Anticholesterol A			
Lovastatin Simvastatin Pravastatin	Mevacor Zocor Pravachol	Advicor, Altoprev, Crestor, Lescol (fluvastatin), Lescol XL, Lipitor (atorvastatin), Zetia	
Blood Pressure Ag	Ť		
Benazepril/HCTZ Captopril, Captopril/HCTZ	Lotensin, Lotensin HCT Capoten, Capozide	Aceon, Accupril (quinapril), Accuretic (quinaretic), Altace (ramipril), Mavik (trandolapril), Monopril & Monopril HCT (fosinopril & fosinopril HCT), Univasc (moexipril), Uniretic	
Lisinopril, Lisinopril/ HCTZ	Zestril/Zestoretic, Prinivil/Prinzide	(moexipril HCTZ), Atacand & Atacand HCT, Avapro (irbesartan), Avalide (irbesartan HCTZ), Benicar & Benicar	
Enalapril, Enalapril/ HCTZ	Vasotec, Vaseretic	HCT, Cozaar (losartan), Hyzaar (losartan), Diovan & Diovan HCT(valsartan HCTZ), Micardis & Micardis HCT,	
Hydrochlorthiazide	Oretic	Teveten (eprosartan) & Teveten HCT, Procardia	
Chlorthalidone	Hygroton	(nifedipine), verapamil, diltiazem, Norvasc (amlodipine)	
Atenolol Metoprolol	Tenormin	Procardia (nifedipine), Verapamil, Diltiazem, Norvasc (amlodipine), Toprol XL (metoprolol succinate)	
Anti-inflammator	Lopressor	(annouspine), Toptor AL (metoprotor succinate)	
Diclofenac	Voltaren	Anaprox & Anaprox DS, Ansaid, Arthrotec	
Indomethacin	Indocin	(diclofenac/misoprostol), Celebrex, Daypro (oxaprozin),	
Piroxicam Sulindac	Feldene Clinoril	etodolac & etodolac CR, fenoprofen, flurbiprofen, ketoprofen, Mobic (meloxicam), Voltaren (diclofenac	
		sodium), oxaprozin, Relafen (nabumetone), tolmetin	

CommunityCare's Copay Savings Program (for tablet splitting)

Eligible Medication Dosage Guidelines

Note: This program only applies to the medications listed below.

	Your out-of-pocket cost will be reduced with a	
	prescription for the higher strength tablet when	
If your current daily dose is:	the tablet is split in half. One copay will apply to	
-	a 60-day supply at retail.	
Cholesterol-Lowering Drugs		
Crestor® 5mg	Crestor® 10mg: ½ tablet daily	
Crestor® 10mg	Crestor® 20mg: ½ tablet daily	
Crestor® 20mg	Crestor® 40mg: ½ tablet daily	
Lipitor® 10mg	Lipitor® 20mg: ½ tablet daily	
Lipitor® 20mg	Lipitor® 40mg: ½ tablet daily	
Lipitor® 40mg	Lipitor® 80mg: ½ tablet daily	
Lovastatin/Mevacor® 10mg	Lovastatin/Mevacor® 20mg: ½ tablet daily	
Lovastatin/Mevacor® 20mg	Lovastatin/Mevacor® 40mg: ½ tablet daily	
Pravachol® 10mg	Pravachol® 20mg: ½ tablet daily	
Pravachol® 20mg	Pravachol® 40mg: ½ tablet daily	
Pravachol® 40mg	Pravachol® 80mg: ½ tablet daily	
Zocor® 5mg	Zocor® 10mg: ½ tablet daily	
Zocor® 10mg	Zocor® 20mg: ½ tablet daily	
Zocor® 20mg	Zocor® 40mg: ½ tablet daily	
Zocor® 40mg	Zocor® 80mg: ½ tablet daily	
Antidepressants		
Citalopram/Celexa® 10mg	Citalopram/Celexa® 20mg: ½ tablet daily	
Citalopram/Celexa® 20mg	Citalopram/Celexa® 40mg: ½ tablet daily	
Effexor® 37.5mg	Effexor® 75mg: ½ tablet daily	
Effexor® 50mg	Effexor® 100mg: ½ tablet daily	
Fluoxetine 10mg TABLET	Fluoxetine 20mg: ½ tablet daily	
Fluvoxamine 25mg	Fluvoxamine 50mg: ½ tablet daily	
Fluvoxamine 50mg	Fluvoxamine 100mg: ½ tablet daily	
Lexapro® 5mg	Lexapro® 10mg: ½ tablet daily	
Lexapro® 10mg	Lexapro® 20mg: ½ tablet daily	
Mirtazapine/Remeron® 15mg	Mirtazapine/Remeron® 30mg: ½ tablet daily	
Paroxetine/Paxil® IR 10mg	Paroxetine/Paxil® IR 20mg: ½ tablet daily	
Paroxetine/Paxil® IR 20mg	Paroxetine/Paxil® IR 40mg: ½ tablet daily	
Zoloft® 25mg	Zoloft® 50mg: ½ tablet daily	
Zoloft® 50mg	Zoloft® 100mg: ½ tablet daily	

<u>Program Participation:</u> CommunityCare's Pharmacy and Therapeutics Committee has reviewed all medications eligible for this program to ensure that there is no change in clinical effectiveness when tablets are split. You will need to have a new prescription written for the higher strength tablets identified for splitting:

- **Retail prescriptions:** A quantity of 30 tablets will be prescribed, which will give you a 60-day supply for one copay.
- ▶ Mail order prescriptions: Mail order prescriptions are NOT eligible for this program.

Please call the pharmacy help desk at 877-293-8628, Monday-Friday, 8 a.m.-6 p.m., to request a free tablet splitter. *Note: Members are under no obligation to participate in this voluntary program.*



Mail Order Prescription Drug Program

Receive a 90-day supply for one copay

Interested in receiving your maintenance medications through the mail instead of going to the pharmacy? CommunityCare is pleased to provide a convenient way to order your maintenance medications and have them delivered to you.

Maintenance medications are those taken on a regular or long-term basis, often for chronic conditions such as diabetes, arthritis and heart disease. For just one copay, you will receive a 90-day supply of your maintenance medication.

Mail Order Prescription Drug Program Benefits

- √ Convenient
- \sqrt{N} No waiting in lines at the pharmacy saves time
- √ Greater confidentiality
- $\sqrt{}$ Delivery to your home, office or other location
- √ Pharmacists readily available to answer your questions
- √ Prescription transfers upon request
- $\sqrt{}$ Ordering is easy especially refills
- √ Orders are processed quickly
- √ Your doctor will automatically be contacted if you order expired prescriptions or run out of refills

Ordering is Easy

To participate in the mail order prescription drug program, simply complete and mail the order form attached to the mail service prescription program brochure. You will need to enclose your original prescription or transfer information and the copay for each prescription ordered. If you need a brochure, please call our pharmacy help desk at 1-877-293-8628.

You may also register for the program on the Internet. Visit **fop.ccok.com** to link to the mail order prescription drug program online.

Ordering Refills

There are several ways to order refills:

- √ Phone
- √ Fax
- √ Internet
- √ Mail



If you have questions about the program or your prescription drug benefit, please call the pharmacy help desk at 1-877-293-8628.

<u>Please note:</u> 1.) Exclusions and limitations apply. 2.) Controlled substances and acute medications are not available via mail order.

